

SOURCES OF LOVE AND HATE

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sucked the first two fingers of her right hand
when ^{put} down
to sleep. I have several times tried to break her
of ^{this} habit
(as it seems to me almost as bad as a dummy) but
she ^{has} only
screamed sometimes for three hours at a time
and ^{appeared} so
distressed and exhausted that I have given in."

12. " She is 5 years old next August and ever
since she
was about a year old she has gone to sleep
sucking some part
of her clothing or bed-clothes."

13. " I have resorted to smacking in order to
show him how
he (aged 3;6) hurts other people. But the
only result is to
make him wild with rage, and he has
attempted to bite me
once or twice."

14. " She (aged 2;6) plays in her cot for an
hour in the
afternoon, but whatever I give her to play with
she now puts
into her mouth. She'll eat up a whole book in
an hour. She
doesn't swallow the paper but chews it up and
spits it out, and
what she doesn't chew she'll wilfully tear up.
So although she
loves picture books I can't let her have them.
She'll take her
hair-ribbon off and chew that, or pull a button
off her jumper
and chew that."

15. " For the last three months my small son,
aged four
and a half, has been waking in the night—or
rather, the early
hours of the morning—crying out in an unhappy
little voice
that he 'sees nasty things'. Frequently,
too, when he is
just failing asleep at night he will say that he
is 'afraid to
close his eyes because he sees things'. He
seems unable to
describe them, except that they are 'very,
very nasty' and
sometimes he says 'they bite '. On being
gently assured that
there is nothing there that could hurt a little boy
with Nannie
or Mummie beside him and a big Daddy so
near, he replies,
'Yes, I *know* that, but I *think* them/ "

16. " He (aged nearly three) used to go to
sleep quite
happily as soon as he was put to bed, but now,
as soon as I
leave him he calls me back ' 'Cos Goo-goo
comes'. He
calls me again and again to tell me about ' Goo-

goo'. At first
I told him there was no such person when he
said, 'Goo-goo
bites the windows all up, and bites the
doors and bites
everything,' but he *insists* that there is, so
thinking he might
get worse fears through repressing it I
encourage him to talk
about it. I suggested 'Goo-goo' was a little
boy and little
boys didn't bite windows, etc., only nice things
like biscuits
and apples. But that was no good. Then he
called me in a
more frightened voice, and when I told him to
shut his eyes
and go to sleep he said, 'No, if I shut my eyes
Goo-goo will
come and eat *me*.' "
17. "She (aged 2;8) stiffers from nightmare—
which must